Effective Reading Strategies

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Effective Reading Strategies
Workshop Outline

- 3 Common Strategic Plans
- MARSI
- Before, During, After Reading
3 Common Plans
3 Common Plans

- SQ3R
- KWL+
- PPPC
SQR3

- Survey
- Question
- Read
- Recite
- Review
KWL+

- What Do I **K**now?
- What Do I **W**ant to know?
- What Did I **L**earn?
- What Do I Still Want to **L**earn?
PPPC

- Preview
- Predict
- Pre-Read
- Code
What Do They All Have in Common?

- 3 Part Structure
  - Pre-Reading Strategies
  - During Reading Strategies
  - After Reading Strategies
Metacognitive Awareness of Reading Strategies Inventory (MARSII)

- **Global Strategies**
  - Broad strategies which include pre-reading strategies

- **Problem Solving Strategies**
  - Includes comprehension monitoring

- **Support Reading Strategies**
  - Includes note taking, paraphrasing, summarizing, annotating, highlight, and discussing text
Pre-Reading
Concerns & Strategies
Pre-Reading Concerns & Strategies

- Schedule
- Environment
- Purpose
- Pre-Reading
Schedule & Environment

- Set Time Limits
- Take Breaks
- Find an environment that works for you
- Beware of hidden distractions
- Keep a journal or make meta-notes
Purpose & Pre-Reading

- Why are reading this?
- What specifically are you using it for?
- How deeply do you need to know it?
- What kind of material is it?
- Time table?
- Structure, Length?
- Skim intro & conclusion
- Headings
- Context
Reading
While Reading

- Read Actively
- Reading Things Together
  - There’s a reason we have syllabi organized the way they are...
- Speed Up by Cutting Out Poor Reading Habits
- Note-taking Practices
Cut Out
Poor Reading Habits

■ Sub-vocalization
  ■ Limited to talking pace
  ■ Acknowledge and stop
  ■ Practicing reading blocks of text

■ Reading Word-For-Word
  ■ Go for chunks
Cut Out
Poor Reading Habits

- Inefficient Eye Motion
  - Soften gaze, use peripheral vision, move page back
  - 1.5 inches, 4-5 words

- Regression

- Poor Concentration
  - YOU CANNOT READ EFFECTIVELY OR EFFICIENTLY IN FRONT OF THE TELEVISION
Eyercize

- Online speed reading training
- Gives you practice readings or you can select your own
- Costumizable: Words per minute, words per fixation, etc
- www.eyercize.com
How do you take notes?
After Reading
Complex Task of Reading Comprehension

- **Literal Comprehension**
  - Who, What, Where, When

- **Interpretive Comprehension**
  - Understanding why and how the author said something

- **Critical Thinking Comprehension**
  - Analyzing, Applying, Synthesizing, Evaluating
Making Sense of What You’ve Read and Your Notes

- Re-read notes, review in text annotations
- Write a summary/response
- Ask yourself questions… try to answer them
- Discuss with friends, classmates, profs
Key Points

- Before, During, After
- Have a purpose for reading
- Adjust your tactics according to purpose, timetable, and type of material
- Read actively and cut out poor habits
- Check comprehension WHILE reading
- Do something with what you’ve read
- JUST DO IT
Thank you!

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Effective Practices in Reading: Specialty Supplies
Dianne McKay, Mission College
http://www.cccbsi.org/Websites/basicskills/Images/Chapter_10_Reading.pdf

Mind Tools: Reading Efficiently by Reading Intelligently
http://www.mindtools.com/rdstratg.html